

# SunDo Promotion Form - Practice (Belt) Levels and Instructor Training Levels

Please provide your contact information:

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

Date of Application: \_\_\_\_\_

SunDo practice (belt) level or instructor level:

Current Level \_\_\_\_\_

New Level \_\_\_\_\_ (after promotion)

Your Practice Center (or location if distance member)  
\_\_\_\_\_

Name of your instructor or teacher  
\_\_\_\_\_

(Associate Master Ron Catabia for distance members)

## Practice Level Promotion Fees

\$35 Promoting to Level 2 White-Yellow     \$45 to Level 3 Yellow     \$55 to Red, Red-Blue, Blue or Grey

Please see the SunDo Promotion Requirements Chart for requirements for promotion to each practice level.

## Instructor Training Level Promotion Fee

\$300 to Instructor Trainee     \$150 to Instructor     \$50 to Senior Instructor     \$100 to Teacher

At any time during or after Level 2 White-Yellow, students may apply for acceptance into the SunDo Instructor Program with a recommendation from a SunDo Instructor or Teacher.

Total Fees: \$ \_\_\_\_\_

Fee Paid     Yes     No    Date Paid: \_\_\_\_\_ (Main Office Use Only)

Notes: \_\_\_\_\_

*Please send your payment with this form to the SunDo Main Center two-three weeks prior to the retreat. Applications received after this date must include a late fee of \$10. For promotion requirements, see [www.sundo.org](http://www.sundo.org) > membership.*

**Sun Do, C/O Treasurer Roy Bushman, 4125 34th Street, Cincinnati, Ohio 45209**

Please send all promotion essays to SunDo Associate Master Ron Catabia at [rgcatabia@hotmail.com](mailto:rgcatabia@hotmail.com)

Member Signature \_\_\_\_\_

Instructor Signature \_\_\_\_\_ (not necessary for distance members)