

SunDo Practice and Training Level Promotion Application Form

Please provide your contact information:

Name _____

Address _____

Phone # _____

Email _____

Date of Application: _____

Please provide information regarding SunDo practice level:

Current Level _____

New Level _____ (after promotion)

Your Practice Center (or location if distance member)

Name of your instructor or teacher

(Associate Master Ron Catabia for distance members)

Practice Level Promotion Fees

\$25 for Level 1 White, Level 2 White-Yellow \$35 for Level 3 Yellow, 4 Red, 5 Red-Blue, 6 Blue and 7 Grey

Please see the SunDo Promotion Requirements Chart for requirements for promotion to each practice level.

Instructor Training Level Promotion Fee

\$50 for student level (as an entrance fee), Instructor Trainee Level and Instructor Level

At any time during or after Level 2 White-Yellow, students may apply for acceptance into the SunDo Instructor Program with a recommendation from a SunDo Instructor or Teacher and a \$50 entrance fee due three weeks prior to promotion to Trainee.

Total Fees: \$ _____

Fee Paid Yes No Date Paid: _____ (Main Office Use Only)

Notes: _____

*Please send your payment with this form to the SunDo Main Center three weeks prior to the retreat.
Applications received after this date must include a late fee of \$10.*

SunDo Main Center, 45 South Main Street, Suite 090, West Hartford, CT 06107-2402

Please send all promotion essays to SunDo Associate Master Ron Catabia at rgcatabia@hotmail.com

Member Signature _____

Instructor Signature _____ (not necessary for distance members)